## Air-to-Air TORU Test (Progress-SM) / Crew Rest

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
08:00-08:15	FE-2	Private psychological conference (???)
08:15–08:55	CDR	ELECTRON Multifiltration Unit (???) R&R
09:40-09:55		Private psychological conference (???)
09:45–11:15	FE-1	Physical exercise (RED)
09:55–10:15	CDR	Removal of FMK monitors
09:55–10:55	FE-2	Physical exercise (TVIS-1)
11:15–12:15	FE-1	Physical exercise (CEVIS)
11:25–12:05	FE-2	IMS file prep
12:15–12:45		Weekly planning conference (S-band)
12:45–13:45		LUNCH
13:45–16:45	CDR, FE-1	Weekly housecleaning
13:45–14:45	FE-2	
14:45–16:45		Outfitting of Soyuz-208 ??? for FE-1 (ISS-5)
16:45–17:45	CDR	Physical exercise (TVIS-1)
16:45–18:15	FE-2	Physical exercise (???? +RED day 1)
17:25–17:35	FE-1	Payload status check
17:35–18:15		Maintenance of ???
17:45–19:15	CDR	Physical exercise (????+RED day 1)
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

## Note:

See OSTP for references to US activities
Task List activity for CDR: DIATOMEA ocean observations

End of radiogram